

## *What's At The Farmers' Market This Saturday?*

### ***Fruits and Vegetables:***

Hot house tomatoes, kohlrabi, asparagus, strawberries, kale (assorted varieties), Tromboncino squash, greenhouse-grown cucumbers (assorted varieties), radishes (assorted varieties), Swiss chard, turnips (assorted varieties), carrots (assorted varieties), collards, baby fennel, sweet potatoes, green onions, Swiss chard, spinach, arugula, mustard, endives (escarole, frisee, radicchio), watercress, Asian greens, red-veined sorrel (limited quantity), Mache, field-grown and greenhouse-grown lettuce and lettuce mix (assorted varieties), micro-greens, gourmet greens/salad mixes, culinary herbs, fresh mushrooms, fresh edible flowers, gourds

### ***Meats and Poultry:***

Lamb: assorted cuts (limited quantities)

Pork: assorted cuts

Beef: assorted cuts

Water Buffalo Meat: assorted cuts

Chicken: whole and assorted cuts

### ***Dairy:***

Handmade Italian cow's milk cheeses (ricotta, mozzarella, smoked mozzarella, burrata), cottage cheese, goat's milk chevre, cultured butter, water buffalo hard and soft cheeses

### ***Other Farm Products:***

Eggs from free-range chickens and ducks, jams and jellies, local raw honey and honey products, elderberry syrup, bone broth, dried herb and spice mixes, dried hibiscus leaves, dried pepper products, dehydrated apples and okra, hot chili oil, loofahs, compost

### ***Plants/Trees/Flowers:***

Assorted hostas, spring vegetable, herb and fruit transplants, ornamental herbs, native plants, perennials, bushes and trees, aloe, cut flowers

### ***Prepared Foods:***

Soups, quiches, salads, pimiento cheese, fresh chicken salad, vinaigrette, empanadas (sweet and savory fillings), vegetarian/vegan/gluten-free options (including, but not limited to soups, salads, quiches, pinwheels, stews, pasta entrees, pies, burgers, remoulade sauce, hummus), fresh tomato sauce, fresh pasta, fresh gourmet salsa, ice-pops made from natural ingredients

### ***Food Truck:***

Austro-Hungarian foods (including, but not limited to sweet and savory strudels, Bavarian pretzels, bratwurst, Schnitzel Semmer)

### ***Drinks and Refreshments:***

Artisan brewed kombucha

Gourmet/espresso coffees, tea and hot chocolate

### ***Baked goods:***

Breads: classic white, honey white, vollkorn, focaccia, honey oat, whole wheat, walnut raisin, brioche, deli rye, babka, baguettes and rolls

Sweets: Assorted European pastries (including but not limited to croissants, Kouign Amman, Danish pastries, macarons, gingerbread), alfajores, muffins, scones, cookies, duffins, crostatas, pies, carmelita bars, crumb cake, baked donuts

***Farm Crafts:***

Hand carved fine wood pieces, hand crafted wheel-thrown pottery, hand woven baskets, handmade natural soaps, salves and spa products, hand-spun yarn, wool dryer balls, hand-knitted, hand-dyed items, needle felted art, natural beeswax candles, lotions and lip balms, natural wood cooking/grilling planks