

## *What's At The Farmers' Market This Saturday?*

### *Fruits and Vegetables (listed alphabetically):*

Apples (Pink Lady, Fuji, Granny Smith; Golden Delicious for apple sauce special), arugula, baby arugula, baby fennel, beets, broccoli, cabbage, carrots, cauliflower, collards, cucumbers, bitter gourds, cut culinary herbs, dillweed, eggplant (assorted varieties), green onions, kale (assorted varieties), lettuce and lettuce mix (assorted varieties), Malibar spinach, micro-greens, mushrooms (fresh), mustard, peppers (assorted varieties), popcorn, potatoes, radishes, squash (assorted winter varieties), sunchokes, sweet potatoes, tomatoes (late season heirloom and beefsteak), turnips (assorted varieties), watercress

### *Meats and Poultry:*

Beef: assorted cuts

Chicken: whole and assorted cuts

Pork: assorted cuts

Mutton: sausage

Turkey: assorted cuts (limited quantities)

Water Buffalo: assorted cuts

### *Dairy:*

Handmade Italian cow's milk cheeses (ricotta, mozzarella, smoked mozzarella, burrata), cottage cheese, goat's milk chevre, yogurt and cultured butter; cheeses and gelato made from water buffalo milk

### *Other Farm Products:*

Bone broth, eggs from free-range chickens and ducks, dehydrated apples, dried elderberries, herb and spice mixes (dried), hibiscus (dried leaves), homestead jams and jellies, local raw honey and honey products, pepper products (dried and oils), sheep and goat skin rugs

### *Plants/Trees/Flowers:*

Cut flowers, herb plants, fall vegetable transplants, cat's grass

### *Prepared Foods:*

Empanadas (sweet and savory fillings), Fresh chicken salad, fresh pasta, fresh tomato sauce, granola, ice-pops made from natural ingredients (available for sale in the Community House), olive cream cheese spread, pimiento cheese, salad dressings (blue cheese, ranch and balsamic vinaigrette), vegetarian/vegan/gluten-free options (including, but not limited to soups, salads, quiches, pinwheels, stews, pasta entrees, pies, burgers, stuffed peppers, mac and cheese, remoulade sauce, hummus, seasonal fruit cobblers), Venezuelan arepas, whipped honey (several flavors)

### *Food Truck:*

Austro-Hungarian fare (including, but not limited to pretzels, breakfast pretzel sandwiches, bratwurst, authentic Austrian strudel, cakes & tortes)

### *Drinks and Refreshments:*

Artisan brewed kombucha

Hot and cold gourmet coffees and brew coffees

***Baked goods:***

*Breads:* Baguette loaf, challah, classic white, Hatch chili cheddar, honey white, vollkorn, focaccia, honey oat, whole wheat, walnut raisin, brioche, deli rye, babka, baguettes and rolls, Venezuelan arepas

*Sweets:* Assorted European pastries (including but not limited to French macarons, Danish pastries, croissants, Kouign Amman), cinnamon rolls, quick breads, cakes, crumb cakes, cobblers, shortbread, cookies, muffins, duffins, mini cheesecakes, mini alfajores, mini pies.

***Farm Crafts:***

Hand-crafted pottery, natural soaps, hand-spun yarn, hand-knitted, hand-dyed items, needle felted art, wool dryer balls, natural beeswax candles, lotions and lip balms, natural wood cooking/grilling planks