



Terra Flora Market Garden was established in October of 2021 by couple Sean & Maggie. They moved to Norwood, NC—the current site of their no till, market garden—after spending two seasons in Harborside, ME at Four Season Farm. Their friend and farm partner, Lawton, joined them in January of 2022 after spending six years in the Applegate Valley in Oregon. Together, with 16 seasons combined experience, the three manage the bio intensive half acre, which will reach a maximum of an acre and a half at the peak of the growing season. They grow over 170 varieties of vegetables and over 100 varieties of flowers (many of which are edible or medicinal). In the one hour of free time they have each day they enjoy cooking, dancing, hiking, listening to music, and taking farm dog, Calypso, to the river. They are honored and excited to be a part of the Matthews Community Farmers Market and look forward to sharing good food and many laughs with the folks who make this market a great one.

Farmers: Maggie, Sean & Lawton

Location: Norwood, NC

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