

Laughing Owl Farm

Dean and Jenifer Mullis began Laughing Owl Farm in 1989 by purchasing 4.9 acres from Dean's father's extensive 50 acres of pasture and woods. They initially wanted to grow clean, healthy food for themselves and their family. Their seasonal produce is grown using organic methods, while their hormone- and antibiotic-free poultry are pasture-raised on non-GMO feed.

They decided to start selling directly from their farm to the local community. They later expanded and became one of the first vendors at the inception of the Matthews Community Farmers Market, selling from the back of their truck in the empty lot. They branched out to other area markets, but have since enjoyed returning to the well-developed, diverse and friendly atmosphere of MCFM.

Regeneration, biodiversity, nutrition, and sustainability have been their cornerstones. Past certifications include OCIA, CFSA. They believe that the land does not belong to them, but that they are merely its stewards. They are proud of the way they raise their food, which shows in the beautiful display of their weekly offerings.

Location: 28016 Ryan Rd, Lichfield, NC 28137

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